

## Pasta Salad (FDD)

Makes: 6 Servings

This recipe uses whole wheat rotini and vegetables. You may also combine whole wheat rotini with tomato or meat sauce, soups, casseroles, eggs, fish, poultry, meat, and cheese.

## Ingredients

2 cups whole-wheat rotini (cooked)

1/4 cup celery (chopped)

1 medium bell pepper (chopped)

1/2 cup fresh or frozen broccoli (chopped)

2 tablespoons fat-free Italian salad dressing

1/8 teaspoon black pepper

## **Directions**

1. Mix rotini, celery, bell pepper, broccoli, dressing, and black pepper in a bowl or pan and mix well. 2. Refrigerate for at least one hour before serving.

## **Notes**

See how to make this <u>recipe</u> and more on USDA's What's Cooking? YouTube site.

Source: Recipe adapted from SNAP-ED Connection Recipe Finder